Write three sentences, giving cause, secondary cause, effect. Choose one of the subjects below, or any other subject you like.

The main/major reason why ... is
The cause of ... is
One reason for ... is
... is/are ... because

This is related/connected to
Also/In addition
A contributing/Another factor is
Moreover/Furthermore

This leads to

The effect/result/outcome of this is

Consequently/As a consequence

ageing populations
alcohol or drug abuse
failure at school
migration/refugees
overcrowding in cities
political extremism
unhealthy lifestyles
violent demonstrations